

The Gospel at Home

This Week's Gospel: Luke 4:1-13

This Sunday's Gospel is the familiar temptation of Jesus by the devil. Satan tempts Jesus who was led into the desert by the Holy Spirit for forty days. Jesus fasted the entire time, but he did not yield to the false power and glory promised by the devil. Use this passage to give you and your family strength to face the temptations of every day life.

Exploring the Gospel Message

Seeds (Preschool): This week your child learned that Lent is a time to prepare for Easter. The class learned to care, pray, share, and help during Lent as a way to show love as we get ready for Jesus' sacrifice and Resurrection. Ask your child what a pretzel reminds them of, and practice the action of thinking about God.

Promise (Grades K-1): This week your child learned about how Jesus chose to follow God, which is part of the lesson from this week's Gospel. Talk with your child about how to show love during Lent, and be sure to check out your child's Lenten prayer book.

Good News (Grades 2-3): Your child's class learned how Lent isn't just something that happens at church. Talk with your child about how the preparations for Easter can take place at home and anywhere. Ask how your child felt when the devil kept tempting Jesus in this week's Gospel. Share times when you have felt tempted. Pray as a family to be able to avoid temptation.

Venture (Grades 4-6): This week your child learned that Baptism makes them members of the Church. Baptism is also a call for everyone to act justly. Your child learned the principles of Catholic social teaching. Ask them to share those with the family. Then talk about ways your family can act justly. Look for very simple and meaningful ways that you can keep the principles of justice in focus for your family—and act accordingly. Discuss how the Holy Spirit speaks with us and directs our lives.

Visions (Grades 7-8): Your youngster learned that Lent is also a time of giving. Ask your young person what he or she plans to give or give up during Lent. Maybe the family could join in a project together. Have a discussion about the Gospel when Jesus says to not put God to the test. Talk about the history of Israel, and consider making a place and time to pray together as a family during Lent. This is a great week to talk with your youngster about the temptations he or she faces.

Pray Together

Prayer is emphasized in all the lessons this week. In addition to praying to avoid temptations as Jesus did in the Gospel reading, pray that the Holy Spirit can help your family prepare for Jesus' great sacrifice and Resurrection. Take advantage of prayers from the lessons and adapt them for use at home.